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HY-TEK's Meet Manager 3/26/2010 05:5

San Francisco State Distance Carnival - 3/26/2010

Cox Stadium, San Francisco, CA

Results

Women 100 Meter Dash

=====			
Name	Year	School	Finals
=====			
Section 1	Wind: 1.6		
1	McKenzie	Redberg	Western Oregon 12.88
2	Stefani	Dittmar	Western Oregon 12.91
3	Maddison	Stapleton	Eastern Oregon 13.29
4	Laneshia	Alexander	San Jose 13.38
5	Andrea	Parker	San Francisco St 13.59
6	Rhea	Aldridge	Acad of Art 15.04

Women 200 Meter Dash

=====			
Name	Year	School	Finals
=====			
Section 1	Wind: 1.0		
1	Andrea	Parker	San Francisco St 27.28
2	Maddison	Stapleton	Eastern Oregon 27.44
3	Leah	McWilliams	Anchorage 28.77
4	Rhea	Aldridge	Acad of Art 31.50
Section 2	Wind: NWI		
1	Jazmin	White	Acad of Art 25.87
2	McKenzie	Redberg	Western Oregon 25.91
3	Kristen	Lee	Acad of Art 26.26
4	Orie	Gamez	Eastern Oregon 26.52
5	Lexi	Pola	Western Oregon 26.61
6	Stefani	Dittmar	Western Oregon 26.82
7	Carolanne	Powers	Western Oregon 26.94
8	Melisa	Abesa	Eastern Oregon 27.45

Women 400 Meter Dash

=====			
Name	Year	School	Finals
=====			
Section 1			

1	Kathryn Randall	Humboldt State	1:04.96
2	Jennifer Bridgeman	Unattached	1:05.63
3	Ashley Guin	San Jose	1:07.17

Section 2

1	Carolanne Powers	Western Oregon	1:01.12
2	Melisa Abesa	Eastern Oregon	1:01.35
3	Lauren Opsal	Hawaii	1:03.54
4	Sylvia Price	Humboldt State	1:03.79
5	Morgan Ober	Humboldt State	1:07.21

Section 3

1	Lexi Pola	Western Oregon	59.13
2	Jazmin White	Acad of Art	59.88
3	Orie Gamez	Eastern Oregon	1:00.83
4	Kristen Lee	Acad of Art	1:01.25

Women 800 Meter Run

Name	Year School	Finals
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Section 1

1	Jessiane Heley	Eastern Oregon	2:26.14
2	Nancy Velazquez	Csu Hayward	2:27.04
3	Rachael Estabrook	Bethany	2:28.20
4	Clarivel Vega	Csu Hayward	2:28.78
5	Emily Scettrini	Hartnell	2:29.83
6	Denisse Correa	Acad of Art	2:30.94
7	Kirsten Jackson	San Francisco St	2:32.21
8	Lindsay Enright	Unattached	2:32.94
9	Holly Babcock	Unattached	2:35.06
10	Lola Figueiredo	San Francisco St	2:36.20
11	Veronica Kays	Sonoma St.	2:36.66
12	Stacey Toth	Acad of Art	2:38.97
13	Janette Carrasco	San Jose	2:55.03

Section 2

1	Ayla Granados	Unattached	2:19.12
2	Erika Snawder	Western Oregon	2:19.75
3	Talissa Baldovino	Eastern Oregon	2:20.06
4	Alex West	Anchorage	2:20.14
5	Ariel Roelle	Anchorage	2:20.21
6	Kelsey Brown	Seattle Pacific	2:20.76
7	Irinel Zamfir	Acad of Art	2:22.59
8	Carley McCready	Sonoma St.	2:24.34

9	Cassidy Robey	San Francisco	2:24.65
10	Leticia Saldana	Hartnell	2:25.10
11	Jamie Smith	Southern Utah	2:25.53
12	Natalie Pfeiffer	Anchorage	2:26.90

Section 3

1	April Montgomery	Unattached	2:12.67
2	Maggie Miller	College of Idaho	2:15.31
3	Taylor Hunt	Oregon State	2:16.16
4	Arianna Edwards	San Francisco	2:16.32
5	Anna Eicholtz	Chico State	2:16.64
6	Meghan Reilly	Southern Utah	2:18.53
7	Ashley Mayfield	Oregon State	2:18.93
8	Mariana Monasi	Hawaii	2:20.45
9	Ashley Berry	Oregon State	2:20.82
10	Jessica Koehne	Sacramento St.	2:22.45
11	Kristin Oenning	Oregon State	2:23.80
12	Vanessa Lordi	Unattached	2:33.00

Women 1500 Meter Run

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Name	Year School	Finals
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Section 1

1	Nancy Velazquez	Csu Hayward	4:56.21
2	Kelsey Feeley	San Francisco St	4:59.32
3	Clarivel Vega	Csu Hayward	4:59.38
4	Kirsten Jackson	San Francisco St	5:03.62
5	Rachael Estabrook	Bethany	5:03.88
6	Kendall Dye	San Francisco St	5:05.10
7	Natalie Galvan	Unattached	5:08.86
8	Alyssa Thiele	Stanislaus	5:09.33
9	Elenna Gardner	Unattached	5:09.98
10	Vanesa Zuzuarregui	San Francisco St	5:16.54
11	Elizandra Obando	St. Mary's (Cal)	5:17.12
12	Christine Tellez	Cuesta	5:17.98
13	Moncia Huston	Unattached	5:33.90
14	Holly Babcock	Unattached	5:36.80

Section 2

1	Mariana Monasi	Hawaii	4:50.46
2	Sahar Bala	San Francisco	4:53.04
3	Lauren Graebner	Oregon State	4:53.83
4	Ayla Granados	Unattached	4:54.84

5	Jessica Koehne	Sacramento St.	4:55.72
6	Katie Nast	Unattached	4:57.96
7	Devon Kelsey	Cuesta	4:59.13
8	Kristen King	Anchorage	4:59.88
9	Marina Ghabbour	Unattached	5:00.72
10	Julie Platero	Chico State	5:02.30
11	Carly Holman	San Francisco	5:05.07
12	Jennifer Love	Cuesta	5:15.19

Section 3

1	Nicole Bowler	Unattached	4:38.63
2	Anna Eicholtz	Chico State	4:41.18
3	Katie Krehlik	Anchorage	4:44.03
4	Kirsten Sly	Southern Utah	4:44.48
5	Erika Snawder	Western Oregon	4:45.45
6	Ashley Miller	College of Idaho	4:46.82
7	Meghan Reilly	Southern Utah	4:47.34
8	Whitney Curtis	Southern Utah	4:47.83
9	Janelle Everetts	Western Oregon	4:53.40
10	Shelli Richardson	Southern Utah	4:55.80

Women 2 Mile Run

Name	Year School	Finals
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Section 1

1	Erin Hartwig	Santa Clara	11:27.97
2	Carley McCready	Sonoma St.	11:39.74
3	Ariel Clark	Oregon State	11:40.85
4	Allison Howard	Impala	11:42.51
5	Taylor Nowlin	Oregon State	11:46.64
6	Meghan McNamara	Santa Clara	11:48.94
7	Tanya Ferriera	San Francisco St	11:49.39
8	Gina Dettmer	Unattached	11:53.44
9	Brooke Murphy	Impala	11:54.11
10	Sue Choi	San Francisco St	11:55.02
11	Lorine Cruz	Oregon State	12:04.63
12	Alicia Trujillo	Unattached	12:11.18
13	Rebecca Murillo	Santa Clara	12:13.21
14	Caitlyn Buske	San Francisco St	12:22.63
15	Rachael Estabrook	Bethany	12:48.58
16	Stephanie Castro	Hartnell	12:57.26
17	Madison Bencomo	San Francisco St	13:02.12

18	Sammantha Thomas	Sonoma St.	13:03.51
19	Erin Burke	St. Mary's (Cal)	13:16.24
20	Michelle Holmes	Impala	13:29.04
21	Emilse Tapia	Hartnell	13:30.89
22	Natalie Benoy	Ndnu	14:36.67

Women 5000 Meter Run

=====			
	Name	Year School	Finals
=====			
1	Crystal Esparza	California	18:01.24
2	Nicole Hough	California	18:03.54
3	Amanda Wright	Western Oregon	18:09.12
4	Tess Grannemann	St. Mary's (Cal)	18:11.61
5	Elizabeth Scott	Strawberry TC	18:20.56
6	Shelli Richardson	Southern Utah	18:22.71
7	Ashley Relf	Impala	18:23.57
8	Tara Krempley	Southern Oregon	18:29.94
9	Hayley Swanson	Chico State	18:34.41
10	Anya Martinez	Southern Oregon	18:35.27
11	Samantha Racine	Chico State	18:40.76
12	Tava Tedesco	Hawaii	18:40.87
13	Andrea Johnson	Stanislaus	18:43.76
14	Nancy Cardenas	Eastern Oregon	18:46.52
15	Hayley Ney	Santa Clara	18:49.21
16	sara Mikesell	Unattached	18:52.84
17	Beth Tademy	Fresno CC	19:02.73
18	Sused Cabrera	Hartnell	19:12.63
19	Mayra Garcia	Hartnell	19:21.11
20	Eva Stuart	Strawberry TC	19:27.23
21	Lindsay Garcia	Stanislaus	19:39.55
22	Brooke Sramek	Impala	20:08.16
23	Helen Kao	Unattached	20:28.27

Section 2

1	Andrija Barker-McCurry	Oiselle Running	17:09.08
2	Lauren Breihof	Western Wash	17:11.88
3	Shoshana Keegan	Anchorage	17:18.04
4	Brittany Garrett	San Francisco St	17:26.74
5	Madalyn Olpin	Southern Utah	17:26.91
6	Nicole Campbell	West Valley TC	17:27.72
7	Hannah Soza-Hodgkinson	Oregon State	17:29.86
8	Lindsey Maclise	Impala	17:36.21

9	Bradi Hutchison	Idaho State	17:36.62
10	Shannon Rich	Chico State	17:38.13
11	Sylvia Bedford	Southern Utah	17:40.05
12	Paige Henker	Chico State	17:41.26
13	Kirsten Sly	Southern Utah	17:42.87
14	Seena Frantz	Southern Oregon	17:46.54
15	Michelle Johnson	Chico State	17:46.82
16	Jessie Petersen	RF United	17:54.04
17	Whitney Curtis	Southern Utah	18:02.89
18	Stephanie Consiglio	Chico State	18:03.24
19	Erin McCarthy	Santa Clara	18:20.77
20	Julie Shaw	Chico State	18:28.33

Women 10000 Meter Run

Name	Year School	Finals
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Section 1

1	Jonah Weeks	Chico State	36:56.53
2	Amanda Beggs	Marquette	36:59.63
3	Anna Weber	Marquette	37:03.54
4	Sloan Palmore	Impala	37:12.43
5	Laurie Dalrymple	Marquette	37:26.53
6	Karlee Coffey	Eastern Oregon	37:28.78
7	Colleen Joyce	Chico State	37:39.72
8	Karen Marchan	San Francisco St	38:42.91
9	Tegan Troutner	Unattached	38:53.79
10	Laurie Stoutenburgh	Southern Oregon	38:59.93
11	Lauren Fog	Bradley	39:15.78
12	Stephanie Helm	College of Idaho	39:16.52
13	Kristen Juveland	Southern Oregon	39:22.25
14	Angie Sandoval	Mills College	39:27.83
15	Heather Cannioto	San Francisco St	39:36.52
16	Paige Petersen	Cuesta	40:09.01
17	Megan Eck	San Francisco St	41:54.07

Women 3000 Meter Steeplechase

Name	Year School	Finals
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1	Jessica Harper	Unattached	10:41.83
2	Caitlin Fitzgerald	UC Davis	10:45.56

3	jodie Leal	Unattached	11:03.83
4	Amy Schnittger	Chico State	11:08.48
5	Samantha Kearney	UC Davis	11:10.42
6	Jessica Brieno	Chico State	11:12.12
7	Kate Call	Southern Utah	11:12.23
8	Katie Spencer	Chico State	11:24.00
9	Brooke Bergeson	Chico State	11:24.36
10	Olivia Poblacion	Oregon State	11:32.62
11	Sarah Hanchett	Eastern Oregon	11:46.55
12	Jessica Nelson	Chico State	12:02.42
13	Kelly Clark	Southern Oregon	12:08.56
14	Rebekah Martin	Redwoods	14:29.51

Women 4x400 Meter Relay

School		Finals
1	San Francisco St. 'B'	4:36.42
	1) Vanesa Zuzuarregui	2) Sue Choi
	3) Kendall Dye	4) Kirsten Jackson

Women High Jump

=====				
Name		Year School	Finals	
=====				
Flight 1				
1	Felicia Terwilliger	San Francisco St	5-05.00	1.65m
2	Meagen Moiola	San Francisco St	5-03.00	1.60m
3	Margaret Cobb	Humboldt State	4-11.00	1.49m
4	Natalija Waldhuber	Hawaii	4-09.00	1.44m

Men 100 Meter Dash

Name	Year School	Finals
Section 1 Wind: 0.1		
1	Marquis Scruggs	Unattached 11.85
2	Rodney Anderson	San Jose 12.53
3	Jeff Lina	Acad of Art 13.62
Section 2 Wind: 1.1		
1	Emmanuel Solomon	Pentecost 11.53
2	Stephen Jeanpierre	Acad of Art 11.62

3	Cole Sugimura	Unattached	11.74
4	steven nichols	Shining Diamonds	11.78
5	Andrew Freed	Anchorage	12.03
6	Phil King	Eastern Oregon	12.23
7	Jon Stingley	SF Flyers.	13.77

Section 3 Wind: NWI

1	Aric Armon	Acad of Art	11.17
2	Cameron Brockman	Velocity TC	11.33
3	Ronald Ellison	Ram Track	11.36
4	Nathan Agurs	Humboldt State	11.48
5	Nick Uden	Humboldt State	11.76

Section 4 Wind: 0.5

1	Bojurie Rogers-wright	Unattached	11.09
2	Bobby Alexander	Western Oregon	11.17
3	Wendell Sells	Southern Oregon	11.23
4	Ryan Walsh	Humboldt State	11.24
5	Maxwell Davis	Unattached	12.14

Men 200 Meter Dash

Name	Year School	Finals
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Section 1 Wind: NWI

1	Cole Sugimura	Unattached	24.14
2	Stephen Jeanpierre	Acad of Art	24.18
3	Marquis Scruggs	Unattached	24.39
4	Ezra Tacosa	Acad of Art	24.62
5	Jon Stingley	SF Flyers.	29.11

Section 2 Wind: 0.5

1	Emmanuel Solomon	Pentecost	23.68
2	Chris Wilson	Eastern Oregon	24.00
3	Nick Uden	Humboldt State	24.04
4	Erik Piedad	Acad of Art	24.34
5	Dallas Moses	STC	24.82
6	Phil King	Eastern Oregon	25.93

Section 3 Wind: 1.3

1	Bobby Alexander	Western Oregon	23.32
2	Ronald Ellison	Ram Track	23.46
3	Shane O'Connell	Western Oregon	24.01
4	John Reed	Anchorage	24.04
5	Kevin Sthen	Eastern Oregon	24.39
6	Joey Villasenor	Acad of Art	24.64

7 Rodney Anderson	San Jose	26.22
Section 4 Wind: NWI		
1 Cody Clifford	Unattached	22.46
2 Bojurie Rogers-wright	Unattached	22.60
3 Cameron Brockman	Velocity TC	22.61
4 Aric Armon	Acad of Art	22.65
5 Wendell Sells	Southern Oregon	23.26
6 Nathan Agurs	Humboldt State	23.92

Men 400 Meter Dash

Name	Year School	Finals
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Section 1

1 Chris Wilson	Eastern Oregon	52.63
2 Sean Lunsted	Southern Maine	53.71
3 Erik Piedad	Acad of Art	54.36
4 Ezra Tacosa	Acad of Art	55.73
5 Edmund Boey	Unattached	1:01.11

Section 2

1 Kevin Sthen	Eastern Oregon	52.77
2 Asa Miller	Eastern Oregon	54.26
3 Benjamin Ward	Humboldt State	54.29

Section 3

1 Cameron Brockman	Velocity TC	50.84
2 Dustin Cloud	Eastern Oregon	51.73
3 John Laughlin	Santa Clara	51.79
4 Josh Hernandez	Santa Clara	52.63
5 Joseph Beeman	Redwoods	52.82
6 Joey Villasenor	Acad of Art	53.19

Section 4

1 Cody Clifford	Unattached	49.16
2 Gabe kahsay	Montgomery	50.21
3 Jake Moore	Southern Maine	50.51
4 Nate Houle	Southern Utah	50.79
5 Shane O'Connell	Western Oregon	51.63
6 Corey Gobbi	Southern Maine	51.88

Men 800 Meter Run

Name	Year School	Finals
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Section 1

1	Ryan Locklin	Lock-Down	1:59.15
2	Aaron Paterson	Unattached	2:01.04
3	Ryan Linn	CCSF	2:01.34
4	Adam Roth	Unattached	2:02.85
5	Ezana Tesfu	Santa Clara	2:04.23
6	Kurtis Semph	Southern Oregon	2:04.51
7	Nathan Spaun	Strawberry TC	2:04.78
8	Zach Seely	Eastern Oregon	2:05.02
9	Everardo Villalobos	CCSF	2:05.79
10	Jonathan O'connell	Redwoods	2:06.22
11	Gabriel Flores	Cuesta	2:09.35
12	Arturo Salazar	Humboldt State	2:09.92
13	Donald Herrera	Redwoods	2:13.68

Section 2

1	Joseph Patti	St. Martin's	1:58.12
2	Carlos Quintana	Eastern Oregon	1:58.44
3	Steven Bradley	Unattached	1:58.71
4	Matt Mosier	Santa Clara	1:58.93
5	Niko Conner	Strawberry TC	1:59.74
6	Leonardo Alba	San Jose	2:00.37
7	Peter Stice	Southern Oregon	2:00.88
8	Frances Kennedy	Humboldt State	2:02.03
9	Vincent Nguyen-Bui	Unattached	2:04.12
10	Abe Webb	Western Oregon	2:06.53

Section 3

1	Zach Massari	Western Oregon	1:56.26
2	Joseph Rivera	Sequoias	1:56.38
3	Carlos Suarez	Chico State	1:56.77
4	Bradley Truax	Anchorage	1:57.19
5	Simon Mutai	Acad of Art	1:57.86
6	Robert Anderson	Hartnell	1:58.38
7	Levi Sutton	Anchorage	1:59.04
8	Thomas Hill	Anchorage	2:02.33
9	Mario Escobedo	CCSF	2:06.84

Section 4

1	Clinton Hayes	Chico State	1:54.06
2	Matt Battaglia	Hartnell	1:54.66
3	Byron Williams	San Francisco	1:54.93
4	Jeffrey Roy	Unattached	1:55.13
5	Doug Benson	Unattached	1:55.14
6	Andrew Ochoa	Sequoias	1:56.23

7	Nick LaPlant	Humboldt State	1:56.33
8	Gabe kahsay	Montgomery	1:57.64
9	Colin Hopkins	San Francisco	1:57.76
10	Richard Zhu	Santa Clara	1:58.00
11	Austin Jett	California	1:58.06
12	Adam McDonald	Southern Utah	1:58.60

Men 1500 Meter Run

Name	Year School	Finals
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Section 1

1	Nick Pradel	Unattached	4:05.34
2	Aaron Paterson	Unattached	4:05.42
3	Carlos Quintana	Eastern Oregon	4:05.73
4	Zach Seely	Eastern Oregon	4:10.97
5	Alex Diehl	Unattached	4:11.37
6	Ezana Tesfu	Santa Clara	4:11.82
7	Tyler Spangler	Unattached	4:12.19
8	Mario Escobedo	CCSF	4:17.05
9	Aaron Sommer	Ndnu	4:17.96
10	Hiram Tosco	Unattached	4:18.12
11	Cody Gray	Humboldt TC	4:35.33

Section 2

1	Joseph Rivera	Sequoias	3:58.13
2	Fed Martinez	Unattached	4:00.35
3	Zach Bowling	Bradley	4:00.78
4	Oscar Pena	Cuesta	4:01.37
5	Richard Zhu	Santa Clara	4:01.92
6	William Ritekwiang	Anchorage	4:02.13
7	Thomas Estrada	San Francisco	4:04.48
8	Taylor Castanon	Cuesta	4:04.82
9	Brian Bragg	Eastern Oregon	4:05.55
10	Jonathan Ahmann	Unattached	4:06.31
11	Daniel Lebe	Unattached	4:06.82
12	fernando morales	Unattached	4:07.42
13	Shawn Daut	Acad of Art	4:17.70
14	James Hayes	St. Mary's (Cal)	4:21.03

Section 3

1	Cordero Cisneros	Concordia (Ore.)	3:58.72
2	Andrew Ochoa	Sequoias	3:58.99
3	Nick Cannata-Bowman	Unattached	3:59.22

4	Ryan Raya	San Francisco St	3:59.48
5	Dawson Vorderbruegge	Unattached	3:59.62
6	Harlan Lopez	Tamalpa	3:59.88
7	David Mosier	Unattached	3:59.89
8	Connor Kasler	Western Oregon	4:00.26
9	Kyle Robinson	Chico State	4:03.24
10	Brian Locher	Asics Aggies	4:04.73
11	Tyler Alvarez	San Francisco	4:06.72
12	Carlos Suarez	Chico State	4:06.99

Section 4

1	Doug Benson	Unattached	3:49.88
2	Brad Osguthorpe	Unattached	3:51.02
3	Levi Roudebush	Southern Oregon	3:51.55
4	Russell Pfaff	UC Davis	3:53.58
5	Jeffrey Paneda	Hornet TC	3:56.19
6	Paul Rottich	Anchorage	3:56.26
7	Robbie Reid	Santa Clara	3:56.73
8	Jeffrey Roy	Unattached	3:56.77
9	Francis Gadayan	Bay Area TC	3:58.23
10	DJ Flores	Unattached	3:58.62
11	Adam McDonald	Southern Utah	3:58.81
12	Charles Cummings	Concordia (Ore.)	4:00.00
13	Marcus Nelson	Concordia (Ore.)	4:01.80
14	Lance Wolfsmith	Wolfpack	4:08.83

Men 40+ 1 Mile Run

Name	Year School	Finals
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Section 1

1	Jeff Mann	Strawberry TC	4:34.82
2	Scott Bang	WVJS	4:53.84
3	Tim Wallen	Tamalpa	4:55.02
4	Parker Kelly	NB Excelsior	4:55.92
5	Jonathan Geller	Unattached	4:58.43
6	Tom Bernhard	NB Excelsior	5:00.82
7	Patrick LePelch	Tamalpa	5:05.76
8	Rick Cordes	Unattached	5:08.71
9	Scott Schneider	Tamalpa	5:12.56
10	Jim Bordoni	WVJS	5:24.61

Men 2 Mile Run

Name	Year School	Finals
1 Gregor Lloyd-Smith	Unattached	9:32.02
2 Ben Heck	RF United	9:38.76
3 Mitchell Lee	RF United	9:52.44
4 Drew Petersen	Unattached	9:54.23
5 Brian Bragg	Eastern Oregon	9:58.88
6 Jeffrey Stalun	RF United	9:59.82
7 Dustin Sjoerdsma	RF United	10:01.03
8 Tyler Deniston	San Francisco St	10:02.83
9 Donald Heatherington	RF United	10:08.03
10 Jon Flores	San Francisco St	10:14.71
11 Carlin Lee	Unattached	10:16.41
12 Tamru Abate	Ndnu	10:26.43
13 Ryan Chio	Unattached	10:26.83
14 Ryan Nunez	Ndnu	10:33.33
15 Antony Earley	Bethany	10:34.03
16 Alexander Morgan	Unattached	10:45.05
17 Lino Flores	Tulare T.C.	10:59.03

Men 5000 Meter Run

Name	Year School	Finals
1 Christopher Harland-Duna	Unattached	15:32.04
2 Chris Mosier	Santa Clara	15:38.53
3 Sloane Cook	CCSF	15:40.18
4 Rogan Meza	Unattached	15:46.08
5 Brett Hornig	Southern Oregon	15:47.02
6 Marcos Hinojosa	Santa Clara	15:51.95
7 Jerrod Puckett	Southern Oregon	15:53.51
8 Tim Koepsell	Asics Aggies	15:53.62
9 James Slater	California	15:54.02
10 Hunter Daniel	Humboldt State	15:54.12
11 Nick Toda	Strawberry TC	15:54.93
12 Zachariah Ginn	Concordia (Ore.)	15:55.35
13 Matt Wagner	Santa Clara	15:59.96
14 Paul Achee	San Francisco	16:01.17
15 Sam Juliano	Unattached	16:03.86
16 Brad Alban	St. Mary's (Cal)	16:04.83
17 Brian Lucido	Daniels	16:05.02

18	Nik Walker	Southern Oregon	16:05.33
19	Jonathan Kimura	WVJS	16:09.17
20	Gareth Morl	Santa Clara	16:13.33
21	Ryan Woods	Unattached	16:14.84
22	Shane Brookshire	Stanislaus	16:16.87
23	David Urista	CCSF	16:18.82
24	Eric Yopez	Hartnell	16:19.56
25	Tyler Thiele	Stanislaus	16:27.76
26	Brecon Welton	Cuesta	16:29.92
27	Alejandro Alcaraz	Hartnell	16:44.71
28	Andrew Moore	Humboldt State	16:48.57
29	Hayden Teachout	Unattached	16:50.83
30	Antonio Venegas	St. Mary's (Cal)	17:32.17
31	Joseph Perez	Unattached	17:40.35
Section 2			
1	Ravi Amarawansa	San Francisco	15:08.56
2	Spencer Hunt	St. Martin's	15:11.87
3	Steven Casado	Unattached	15:16.32
4	Zach Elliott	Southern Oregon	15:16.82
5	Sam Robinson	Strawberry TC	15:18.06
6	Hector Aleman	Southern Oregon	15:19.91
7	Brandon Jauregui	San Francisco St	15:20.83
8	Alex Wolf-Root	Horsecow	15:21.11
9	Guadalupe Gonzalez	Santa Clara	15:21.92
10	Robb Van Wyck	St. Mary's (Cal)	15:23.33
11	Joe Binder	Strawberry TC	15:24.94
12	Andrew Milne	Southern Oregon	15:25.85
13	David Yu	Strawberry TC	15:26.46
14	Brian Trejo	San Francisco St	15:27.26
15	Fernando Diaz	CCSF	15:28.87
16	Josh Seitz	Southern Oregon	15:31.96
17	Thomas Whitcomb	Chico State	15:32.14
18	Ryan Sorenson	Unattached	15:33.37
19	Austin Jones	Santa Clara	15:39.06
20	Ruben Martinez	Southern Oregon	15:39.72
21	Rigoberto Vasquez	Hartnell	15:45.24
22	Julio Jimenez	Chico State	15:48.56
23	Sam O'Hair	Air Force	15:48.92
24	Jamey Gifford	West Valley TC	15:49.74
25	Mark Frazier	CCSF	15:49.83
26	Luke Frazier	CCSF	15:51.84
27	Kevin Liao	Unattached	15:56.37

28	Elijah Rono	Southern Utah	16:02.15
29	Manuel Esparza	Hartnell	16:20.73
Section 3			
1	Daniel Tapia	Unattached	14:16.62
2	Jimmy Elam	Chico State	14:17.81
3	Crosby Freeman	Asics Aggies	14:18.43
4	Kevin Pool	Rebels	14:20.33
5	Brent Handa	Chico State	14:26.27
6	Anthony Solis	Unattached	14:31.55
7	Adrian Sherrod	Chico State	14:34.28
8	Collin Jarvis	California	14:37.37
9	Isaac Chavez	Unattached	14:38.19
10	Joey Kochlacs	Chico State	14:43.96
11	Kyle Van Santen	St. Martin's	14:48.83
12	Brendan Scanlon	Chico State	14:49.93
13	Hayden Hawks	Southern Utah	14:50.13
14	Miles Dunbar	Chico State	14:51.36
15	Matthew Miller	California	14:52.19
16	Joshua Linen	Chico State	14:54.77
17	Matt Miller	California	14:55.67
18	Alex Varner	Rebels	14:57.07
19	Matt Petersen	California	14:58.63
20	Andrew Sylvester	Humboldt State	15:04.42
21	Jose Morales	Turlock Distance	15:05.83
22	Armen Vartanian	Unattached	15:08.43
23	Donald Truesdell	Chico State	15:10.37
24	Jim Sorensen	Tamalpa	15:13.92
25	Luis Galicia	Humboldt State	15:23.46
26	Andres Diaz	California	15:24.59
27	Joey Nunes	Unattached	15:31.08

Men 10000 Meter Run

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	Name	Year School	Finals
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Section 1			
1	Kevin Oliver	Santa Clara	31:56.08
2	Alfonso Cisneros	Unattached	32:00.94
3	Joshua Horeled	San Francisco	32:05.03
4	Ramon Guzman	Sequoias	32:39.26
5	Kevin Senefeld	Santa Clara	33:00.24
6	Mike Donini	Bradley	33:04.54

7	Matt Savage	Santa Clara	33:07.34
8	Kyle Fujitsubo	San Francisco St	33:11.82
9	Andrew Wieser	Bradley	33:22.22
10	Joe Ostini	Rebels	33:53.62
11	Andrew Lavallee	San Francisco St	34:34.03
12	Tim Owdom	Bradley	34:37.94
13	Brian Tyne	Bradley	35:20.82
14	Mark DePasquale	San Francisco St	35:31.36
15	Jose Gonzalez-Mejia	San Jose	35:58.44

Section 2

1	Patrick McCurry	Eastside TC	30:51.12
2	David Sanchez	Sequoias	30:55.83
3	Austin Huff	Humboldt State	31:00.53
4	Nick Szczech	Marquette	31:05.32
5	Brice Cleland	Marquette	31:06.28
6	Jeremy Grace	San Francisco	31:10.04
7	Alex Sharp	Chico State	31:29.73
8	Connor Callahan	Marquette	31:49.53
9	Terry Johnsen	Eastern Oregon	31:54.90
10	Joseph Rath	Chico State	32:08.06
11	Josh Wageman	Idaho State	32:24.57
12	Dayne Gradone	Unattached	32:45.41
13	Justin Dean	Eastern Oregon	32:52.28
14	Billy Miller	Bradley	32:52.69
15	Kody Coxen	Eastern Oregon	33:10.13
16	Gus Gibbs	Rebels	33:14.52

Men 3000 Meter Steeplechase

Name	Year School	Finals
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Section 1

1	Stephen Koch	Santa Clara	9:30.84
2	Benny Willers	CCSF	9:36.33
3	Dan Sprinkle	Western Oregon	9:37.96
4	Nhunguyen Le	Santa Clara	9:42.93
5	Jonathan O'connell	Redwoods	9:48.30
6	Colin McRoberts	Southern Oregon	9:54.56
7	Zachary Zadrozna	Unattached	9:54.76
8	Alex Harkins	Santa Clara	9:57.63
9	Justin Valdez	San Jose	10:16.66
10	Jason Waldram	San Francisco	10:24.17

11	Travis Pederson	Santa Clara	10:33.22
12	Michael Pappas	Unattached	10:38.62
13	Robert Gustas	Humboldt State	10:50.33

Men 4x400 Meter Relay

School		Finals
1	Humboldt State 'A'	3:26.89
1)	Nick LaPlant	2) Frances Kennedy
3)	Brady Baumgartner	4) Benjamin Ward
2	Santa Clara 'A'	3:37.08
1)	Alex Donnelly	2) Matt Mosier
3)	Chris Mosier	4) Richard Zhu

Men High Jump

Name	Year School	Finals
Flight 1		
1 Asa Miller	Eastern Oregon	6-02.00 1.87m
2 Dustin Cloud	Eastern Oregon	6-00.00 1.82m
3 Patrick Fox	Humboldt State	5-08.00 1.72m